

Risk of bias summary for studies included in the meta-analysis

Study	Judgement						
	Random sequence generation	Allocation concealment	Blinding of outcome assessment	Incomplete outcome data	Selective reporting	Other bias	Overall
Corepal et al., 2019	+	+	+	X	+	X	X
Dadaczynski et al., 2017	+	-	X	X	+	+	X
Direito et al., 2015	+	+	+	+	+	+	+
Edney et al., 2020	+	+	+	+	+	+	+
Garde et al., 2016	+	+	+	X	-	+	X
Gremaud et al., 2018	+	+	+	+	+	+	+
Höchsmann et al., 2019	+	+	+	+	+	+	+
Kurtzman et al., 2018	+	+	+	+	+	+	+
Leinonen et al., 2017	+	+	+	X	+	+	X
Maher et al., 2015	+	+	X	+	+	+	X
Nishiwaki et al., 2014	-	-	+	+	-	X	X
Patel et al., 2017	+	+	+	+	+	+	+
Patel et al., 2019	+	+	+	+	+	+	+
Paul et al., 2016	X	X	+	+	-	+	X
Thorsteinsen et al., 2014	+	-	X	X	-	+	X
Zuckerman & Gal-Oz, 2014	-	-	+	+	-	+	+